

# SOPHIA

*Dias*

EPK



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# SOPHIA DIAS

## BIOGRAPHY

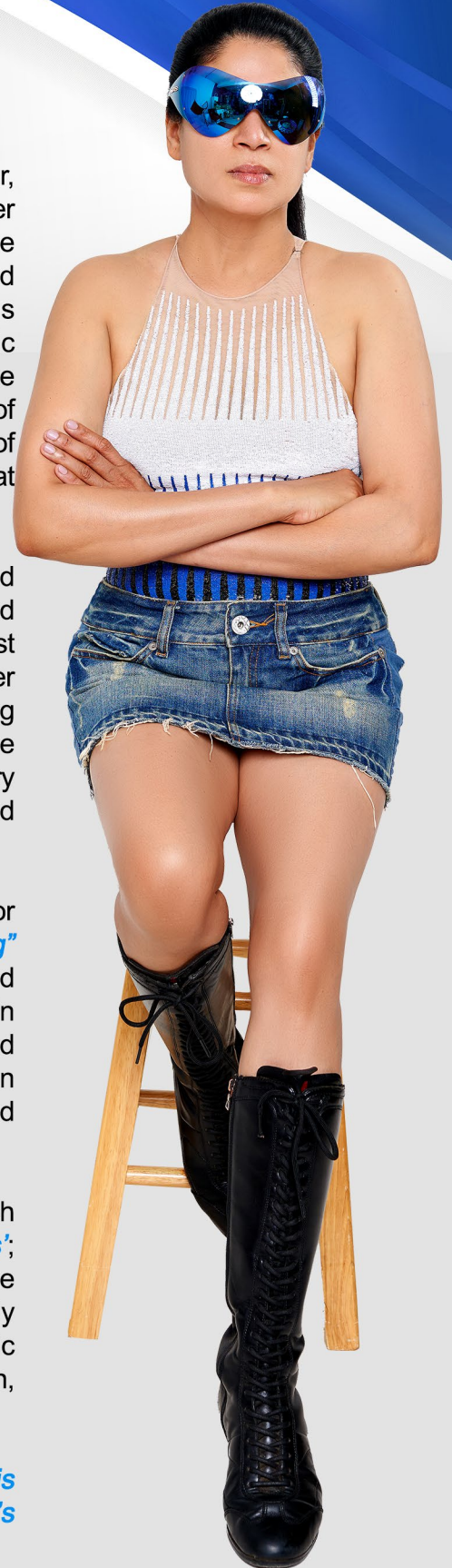
Sophia Dias is a multitasking recording artist, fashion designer, chef, author, and philanthropist. She was born to a Portuguese father and an Indian mother in Goa, a former Portuguese enclave of 450 years, now a part of India. She lived in England and across Europe but eventually moved to the United States to further pursue her dreams. In her earlier years she explored various genres of music in her pass time. She had an undying love for Reggae Music and World Music. Inspired by the music and life of the legendary Reggae icon, Bob Marley, she developed a strong connection with the island of Jamaica, dubbing it her *'second home'*. She was also inspired by the likes of Fela Kuti, and Miles Davis, who she frequently listened to while enrolled at boarding school in England.

In 2020, she released her 1st single *'Psaumes 23'* which she self-produced alongside renowned Jamaican producer Clive Hunt. The single also featured saxophonist Dean Fraser and was sung in French. *'Psaumes 23'* was the 1st single released from her album *'Bullet-Proof'*, which is also the name of her autobiography released in the same year. Her musical journey and adjoining projects are about her earlier struggles in her marriage to an abusive husband. This marriage left her shattered and abandoned in a foreign country without any resources. Her drive and resilience lead her to rebuild herself and her brand.

The Chicago-based entertainer became an advocate and philanthropist for domestic violence survivors with the aim of *"educating and empowering"* women worldwide. The mother of one, designed sunglasses and clothing and through sales was able to raise funds to donate to the *'Madonna House'* in Chicago. Her advocacy resulted in her spending more time in Jamaica, and soon after, she released *'Ghetto Arms'*, which spoke to the issue of gun violence in inner city communities. This single received airplay locally and internationally.

*'Ghetto Arms'* was the lead track from her 7-track album 'Bullet Proof', which included other profound songs including *'Bullet Proof'*; *'Unfuckwittables'*; *'Sara Room 3010'*; *'Stronger Than Before'*; *'Unplugged'*; and *'Why'*. The album, recorded at the famed Tuff Gong Studios in Jamaica, was officially released in December 2022 by Zojak Worldwide along with several music videos to match. The roll out was a success, as she received airplay in Japan, India, sections of North America, and Jamaica to name a few.

Sophia Dias believes in making timeless music. She shared, *"My music is based on real life events, with real people, hardship, and challenges. It's also about survival and having the resilience to pull through it all"*.



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# SOPHIA DIAS VIDEOS



Sophia Dias - Unplugged (Official Video)

Sophia Dias - Ghetto Arms (Official Video)

Sophia Dias - Psaumes 23 (Official Music Video)

Sophia Dias Tells all in Riveting [Bullet Proof] Official

Sophia Dias - Room 3010 (Official Video)

Sophia DIAS & Chef George Cooper Luncheon Collaboration at Mr Clive Hunt's Place

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## PRESS LINKS

<https://jamaica-gleaner.com/article/entertainment/20210808/international-fashion-designer-starts-her-recording-career-prayer>

[US businesswoman/artiste to assist women's centre - Jamaica Observer](#)

[Sophia Dias is Bulletproof - Jamaica Observer](#)

[World-famous chef/designer records psalm of hope in Kingston - Jamaica Observer](#)

[Sophia Dias recording debut album in Jamaica | Entertainment | Jamaica Star \(jamaica-star.com\)](#)

[Sophia Dias Is Bulletproof \(dancehallreggaeworld.com\)](#)

<https://redxmagazine.com/sophia-dias-story-survival-of-the-fittest-in-bullet-proof/>

<http://the-further.com/the-story-of-sophia-dias-domestic-violence-survivor>

<https://www.musicindustrytoday.com/article/602512069-sophia-dias-bullet-proof-a-compelling-story-of-resilience-strength-and-hope>

<https://www.jamaicansuntimes.com/article/602512069-sophia-dias-bullet-proof-a-compelling-story-of-resilience-strength-and-hope>

<https://www.entertainmentnewsjamaica.com/article/602512069-sophia-dias-bullet-proof-a-compelling-story-of-resilience-strength-and-hope>

<https://thecultgateway.com/sophia-dias-gives-some-worth-learning-lessons-in-bullet-proof>

[Interview - Sophia Dias \(circleofbooks.com\)](#)

<https://www.aboutinsider.com/the-fighter-sophia-dias-an-example-to-follow/>

[Sophia DIAS, Founder of DIAS Designs USA is off on a Philanthropic journey into Odessa, Ukraine, in \(theculturenews.com\)](#)

[Sophia Dias Embraces her Strength in 'Unplugged' \(einpresswire.com\)](#)

[Sophia Dias Embraces her Strength in 'Unplugged' \(cbs17.com\)](#)



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